

# EXPLORING POLARITIES

A Dialogue in Europe

for young adults 18 – 30

10 – 17 August 2025

Mariënkroon, Netherlands

From global challenges to personal growth, polarities are everywhere - driving change, sparking ideas, and creating new possibilities.

Join us to discover these dynamics in an exciting mix of discussions, workshops and real-life insights.

Together with inspiring lecturers, you'll explore topics that challenge and inspire, all in open and interdisciplinary environment.



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# OUR LECTURERS

## AIZA ASI

A PhD in Economics and Management, she is researching on transforming civil economies from an extractive to a generative one.

**Her Focus: Exploring Polarities in Economics**



## HÉLÈNE REY

As an archaeologist and humanitarian practitioner, she bridges the study of past societies with field experience in contemporary conflict zones, exploring how communities negotiate differences across time and space.

**Her focus: Exploring Polarities in Cultural Transformation**



## DANIELA ROPELATO

As a professor of political science, she specialises in current transitions to democratic forms. She collaborates with international NGOs studying new styles of political leadership and networking in Europe and Africa.

**Her focus: Exploring Polarities in Politics and Policies**



## MONIKA DILLIER

As a psychotherapist, biologist and nature educator with additional theological training, she is familiar with both scientific and humanistic ways of thinking.

**Her focus: Exploring Polarities in Yourself**



## CLAUS OBERHAUSER

He holds a PhD in history and has been working on the connection between populism, conspiracy thinking and the limits of what can be said.

**His focus: Exploring Polarities in History**



## KYOUNG-IM KWON

As a professional artist, she has already dealt with the themes "between darkness and light" and "struggles towards life".

**Her focus: Exploring Polarities in Art**



## ZSUZSA ROMÁN

As a specialist in preventive medicine she is actually working in the National Centre of Public Health and Pharmacy. In her PhD-Thesis she tackles various aspects of global well-being.

**Her focus: Exploring Polarities in Public Health**



## RIA WINTJES

With a degree in medicine and love for the culinary arts, she unites the science of the human body with the creativity of gastronomy.

**Her focus: Exploring Polarities in Cooking Dishes**



## PÁL TÓTH

He has extensive experience as an international coordinator of "Multipolar Dialogue" in Europe networks. He is also working as a senior lecturer and author on dialogue and social communication.

**His focus: Exploring Polarities through Communication**



## KARIN ENGELI & ANDREAS ZAHN

They have professional backgrounds in sewing and medicine and have turned their shared passion for dancing into a career in teaching tango.

**Their focus: Exploring Polarities in Dancing Tango**

